INTEGRATING CHATGPT WITH STUDENT CAREER FOUNDATIONS

Pros for Candidate

- 1. **Timesaving:** ChatGPT can create resume statements, cover letters and assist with interviewing in a matter of seconds, which saves time compared to manual creation.
- 2. **Consistency:** ChatGPT can ensure that the content is consistent in language, tone, and formatting.
- Customization: ChatGPT can generate content that matches specific job requirements, industries, or skills.

Cons for Candidate

- 1. Lack of creativity: Since an AI model generates the output, it may lack the creativity and uniqueness that a human could bring to the task.
- 2. **Inconsistencies:** There may be errors in the generated output.
- Limited understanding: ChatGPT
 may not fully understand the context
 of a specific job or industry, leading
 to inaccuracies in the generated
 content.

Phrases to Introduce Artificial Intelligence into Career Coaching Conversations

Have you heard of or used ChatGPT or AI to support your career foundations and career search?

Did you know that ChatGPT can be used to help research career path(s) you're interested in?

If you want to practice interview questions based on the job title, ChatGPT can give sample questions.

We could walkthrough how to use – and ethically optimize – this technology.

If you plan to use AI with generating your career foundations, use it as a first draft.

Customize and correct the document(s) to ensure you are representing yourself ethically and appropriately.

Resume Prompts

Please review my resume and suggest any improvements or edits.

Improve my resume achievements with metrics based on these job responsibilities. [include your resume and full job description].

Cover Letter Prompts

Create a compelling cover letter that explains why I am the best fit for the [position] at [company]. Use my resume below as reference.

Compose a professional cover letter demonstrating how my abilities align with position. [include full job description].



Interviewing Prompt



I want you to act as an interviewer. I will be the candidate and you will ask me the interview questions for a [insert position title] role.

What questions should I ask the interviewer during a [position] interview.



- **♀** GARFF 1300
- careers.eccles.utah.edu
- (801) 587-8687
- BCS@eccles.utah.edu